

GATHERING GARDEN CENTER FOR SPIRITUAL LIFE

Gwynedd Monthly Meeting (Quaker)

1101 DeKalb Pike, Gwynedd, PA 19454

2017-2018

SAVE THE DATES! Let us know which programs you are interested in!

Send e-mail to ann.davidson1231@gmail.com

SMALL GROUP SPIRITUAL NURTURE: SECOND THURSDAYS October 12, 2017 – May, 2018 7:15 – 9:00 PM

“Holy Listening – to “listen” another’s soul into life, into a condition of disclosure and discovery, may be almost the greatest service that any human being ever performs for another.” – Douglas Steere. Group spiritual direction is a process in which 4-5 people gather in a small group on a monthly basis to assist one another in an ongoing awareness of God in all of life. Each member of the group seeks support for their responsiveness to God and they agree to support others in responding to God’s work in their lives.

Location: Library, First Floor Counseling Room, Second Floor Conference room **Cost** \$30

Contact: Connie Lezenby 267-664-3721 or lezenby@gmail.com for questions and registration.

SILENT RETREAT: SATURDAY, DECEMBER 2, 2017 9:30 AM – 4:30 PM

In the midst of busy holiday times come for a day of silent retreat. We will gather to share our prayers and hopes for the day, then see where the spirit will lead each of us through journaling, art work, labyrinth walking, meditation and sitting quietly by ourselves in silence. At the end of the day we will meet to gather the graces. Bring a journal, sketchbook, needlework, simple crafts, or spiritual readings. Also bring a bag lunch and snacks to share. Drinks will be provided. This year we will also have different spiritual practice centers in the Community room. Come and try a new practice!

Location: Gwynedd Friends Meeting and grounds **Cost:** \$10

Contact: Connie Lezenby 267-664-3721 or lezenby@gmail.com for questions and registration.

YOGA CLASSES: WEDNESDAYS SEPT. 20 – NOV. 15, and Nov. 29 – Dec.20 6:00 – 7:00 PM

Uma Anmangandla, a student of Ashwini Aragam, a certified Yoga instructor will offer class of gentle Hatha yoga. Bring towel or yoga mat for sitting on the floor and wear comfortable clothing. Register on the first evening.

Location: Community Room **Cost:** \$5.00 Per Class.

Contact: Uma UmaAnmangandla@gmail.com or Chuck Maxfield, chuckmaxfield@gmail.com for questions.

SPIRITUAL READING GROUP: SECOND MONDAYS 1:00 to 2:30PM

Join our small, informal discussion group to explore Quaker and other spiritual traditions. Our format, of reading aloud suggested passages before the discussion, has been most enjoyable and encourages everyone to participate. Our three fall sessions:

Monday, October 9th: Zealot by Reza Azlan

Thursday, November 16th: Our Life is Love by Marcelle Martin,

Monday, December 11: The New Testament, Book of Matthew any version.

We will select our readings for the spring sessions in March, April and May as we go along.

Location: Gwynedd Library **Cost:** Free

Contacts: Carol Ritting, critting@hotmail.com and Jane Berger, jberger@westnet.com